

Kay Brown, MA, Professional Counselor Associate

Kay Brown Therapy LLC
541-728-3299
70 SW Century Drive, Suite 100, PMB 5058
Bend, OR 97702

Philosophy and Approach: I utilize a person-centered and humanistic approach to therapy. This means I believe each person is unique and I support clients as they strive to make sense of who they are in the world. I work with individuals and couples to explore issues that are limiting their ability to experience joy or reach goals. I help clients navigate the challenges they are facing and find more peace, connectivity, and satisfaction.

Formal Education and Training: I hold a Master of Arts degree in Counseling from Antioch University Seattle. Major coursework included: counseling theories, psychopathology, multicultural perspectives, ethics, and human development. I am a certified Level 1 Gottman couples therapist.

Fees: My fee is \$120 per 50-minute session unless otherwise agreed upon. Payment is due the day of the therapy session. Cash, check, or online payment through the client portal are all accepted.

Cancellation and No-Show Policy: In order for our work to be possible, please be on time for our appointments. If you need to reschedule or cancel, please contact me at least 24 hours before our scheduled session or you will be charged the full fee.

As a registered Associate of the state of Oregon, I abide by the Code of Ethics. To maintain my registration, I am supervised by Tever Nickerson, LPC, license number C3163.

As a client of an Oregon Registered Associate, you have the following rights:

- (A) To expect that a registered associate has met the minimum qualifications of training and experience required by state law;
- (B) To examine public records maintained by the Board and to have the Board confirm credentials of a registered associate;
- (C) To obtain a copy of the Code of Ethics;
- (D) To report complaints to the Board;
- (E) To be informed of the cost of professional services before receiving the services;
- (F) To be assured of privacy and confidentiality while receiving services as defined by rule or law.

Exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to you or others; 3) Reporting information required in court proceedings or by your insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by you against me;

- (G) To be free from being the object of discrimination on any basis listed in the Code of Ethics while receiving services.

You may contact the Board of Licensed Professional Counselors and Therapists at:
3218 Pringle Rd SE, #120, Salem, OR 97302-6312; Telephone (503) 378-5499; Email:
lpct.board@mhra.oregon.gov

Additional information about this registered associate is available on the Board's website:
www.oregon.gov/OBLPCT